



ALOHA HOUSE, INC.

Annual Report Program Year 2005-2006

Board President's Message — "Helping to Create Brighter Futures"

"HELPING TO CREATE BRIGHTER FUTURES"

As I look back on the completion of my 2nd term as President of the Board of Directors of Aloha House and for the past 4 years as a Director, I realize how much has been achieved over these periods of time. It continues to be a very satisfying experience to be surrounded by the many wonderful people who strive to better the lives of those they serve.



Stephen Kealoha,
Board President

The Board of Directors has continued to work diligently to try and achieve a financially stable environment for the agency to provide for the treatment, education and prevention needs of our community.

Much improvement has been realized in this area. Through the efforts of our CEO, the Board and staff, the ability to seek and obtain sufficient service contract funds, donations, and grants has been a major factor in successfully reaching the goals and objectives of our Mission. Adequate funding for capital improvement projects for much needed facilities have also been difficult to obtain. However, much progress has occurred over the past year through great effort and coordination by many. We can now say that we are on our way to realizing the completion of some of these projects with others just on the horizon of being fulfilled. Likewise, providing for the needs of the employees and contract providers is ever present as the Board continues to make every effort to compensate them equitably. Without question, the employees of our ohana are the backbone.

The re-certification of accreditation by CARF for another 3 years for both Aloha House and Malama Family Recovery Center is a truly remarkable achievement by all concerned. We

should all be proud of that.

We owe our mahalo in a major way to the tremendous support and assistance provided by the many people and organizations, both government and private sector, in our Maui community. We ask for that continued support especially because we know that the needs will continue to be there. We can all continue to play a major role in "helping to create better futures" for those who suffer the ills of substance abuse addiction and mental health disorders. Continuous improvement must be our focus.

As I turn the reins over to our new President of Aloha House, Randol Leach, I ask for the continued dedication and effort by all of you. I now turn my attention to serving as President of Malama Family Recovery Center.

Stephen Kealoha
Aloha House, Inc., Board President



MISSION STATEMENT

The mission of Aloha House, Inc. is to provide comprehensive, family-centered behavioral health interventions for the prevention and treatment of individual and family dysfunction. The mission of our Mental Health and Social Services/Child and Adolescent Mental Health programs is to help children with emotional and behavioral impairments achieve optimal functioning in their schools, in their homes, and in the community. The mission of our Substance Abuse Services Division is to assist persons addicted to drugs and/or alcohol to achieve and maintain a healthy and sober lifestyle."

Year-in-Review

Aloha Kakou,

2005-2006 was another exciting and challenging year for Aloha House, Inc. as we continued to pursue our important mission of providing comprehensive, family-centered behavioral health interventions for the prevention and treatment of individual and family dysfunction. In the context of this mission, primary services provided are residential and outpatient substance abuse and mental health treatment for adults, youth and their families.



Jud R. Cunningham
Chief Executive Officer

Following are some of the more significant events impacting the agency and our clientele during this past year:

- As a result of recent landmark action by the State Legislature, funding became available for expansion of residential, therapeutic living and school-based substance abuse treatment services, including placement of substance abuse counselors in four intermediate schools, with Lahaina and Lanai Intermediates soon to be added.
- As Maui's only licensed adult special treatment facility, Aloha House continued to provide crisis respite services for persons experiencing an acute episode of mental illness under contract with the State's Adult Mental Health Division. We also expanded residential and outpatient treatment capacity for persons with co-occurring substance abuse and mental disorders.
- Having been awarded a contract with the State Judiciary to provide services for persons admitted to a new Family Court Drug Court program in January, 2005, we successfully implemented a continuum of care for families in one of four tracks: Child Welfare, Juvenile Delinquency, Child Custody Disputes and Domestic Violence. We also continued to contract with the Judiciary to provide both outpatient and in-custody (MCCC) treatment for adults enrolled in the Maui Drug Court Program.
- Much of the year was spent in preparation for the re-accreditation site visit by the Commission on Accreditation of Rehabilitation Facilities, which occurred in June. The result was full three-year accreditation

renewal through June, 2009.

- A contract for Intensive Case Management Services for adults with serious mental illness saw expansion both in numbers served and scope of services. We are now offering psychiatric care (medication management and monitoring) in addition to intensive case management.
- Improving and expanding our facilities to meet increasing demands for residential and other services has also been a priority. We received final approval for demolition and construction of two new dormitories at our Maunaolu campus, which will expand our resident capacity by 10 beds to a total of 56. Our administrative offices were relocated in January, 2006, to 444 Hana Highway, Suite #201, Kahului. This permitted us to convert the former space to a new eight-bed women's dorm wing for residential treatment.
- Hina Mauka, an Oahu-based substance abuse treatment agency, presented Aloha House with a challenging opportunity in October by entering into a Memo of Agreement to assume their outpatient program operations on Maui. As a result, we significantly expanded and reorganized our outpatient program, including a new program location at 1276 Lower Main Street in Wailuku. Several former staff of Hina Mauka were welcomed as new employees of Aloha House.
- Fundraising continued to be an important focus as we pursued grants from private foundations to further our mission and participate in several annual fundraising events, including the Annual Patron Drive, which enjoyed its most successful year ever!
- Given the shortage of persons trained to work in behavioral healthcare, we continued to provide training and internship opportunities and encouragement for those seeking certification and licensure in a variety of disciplines. Several staff achieved State certification as substance abuse counselors.
- Our greatest strength, the heart and soul of our organization, is our talented and dedicated staff, Board and volunteers. They provide daily inspiration, as well as the knowledge and skills needed by those we serve to lead more meaningful and productive lives.

Jud R. Cunningham,
Chief Executive Officer

ALOHA HOUSE, INC. - FINANCIAL STATEMENT 2005-2006

REVENUE AND SUPPORT

STATE OF HAWAII CONTRACTS
 COUNTY OF MAUI CONTRACTS
 INSURANCE COMPANY REIMBURSEMENTS
 FEDERAL TITLE IVB
 MANAGEMENT INCOME
 COUNTY OF MAUI DONATED FACILITIES
 CLIENT REVENUE FOR SERVICES
 MISCELLANEOUS INCOME
 FEDERAL MAUI HERO PROJECT
 MAUI UNITED WAY
 DONATIONS
 OTHER GRANT INCOME
INTEREST INCOME
TOTAL \$6,054,072

EXPENSES

PROGRAM SERVICES
 -WAGES
 -PROFESSIONAL FEES
 -LEASE EXPENSES
 -TRAINING
 -PAYROLL TAXES
 -HEALTH INSURANCE AND BENEFITS
 -SUPPLIES
 -FACILITY
 -REPAIRS & MAINTENANCE
 -EQUIPMENT LEASE
 -UTILITIES
 -OFFICE EXPENSES
TOTAL \$5,234,378

FINANCIAL INFORMATION AS OF JUNE 30, 2006. FIGURES ARE EXCERPTED FROM OUR AUDITED FINANCIAL STATEMENTS.

Programs & Services

SUBSTANCE ABUSE DIVISION

Intensive Outpatient Treatment This consists of a 6-10 week treatment cycle with participants required to attend three, three-hour group treatment sessions weekly. Individual and family sessions are also required. The focus of treatment includes life skills training, relapse prevention, and assistance in developing a sober support structure via the "12 Step" community

Outpatient Treatment This treatment modality is similar to Intensive, but requires less face-to-face contact time. Generally, low intensity outpatient treatment consists of one three-hour group per week. Persons charged with domestic violence, including spousal abuse or child abuse, and where alcohol or drugs were a factor in the incident, are deemed appropriate by AHI for this level of care.

Day Treatment This treatment option is more intensive than outpatient and involves immersion in the same treatment regimen as described below under Residential. The minimal time commitment is 9:00am to 4:30pm Monday through Friday. The principal difference between residential and day treatment is that day treatment clients remain off-site during evening hours.

Residential Treatment Situated on County-leased property on the site of the old Maunaolu College campus, the treatment regimen is much more intensive, but of shorter duration, than other modalities (typically two to six weeks, depending upon need). In preparation for discharge, all facets of the individual's life are reviewed as each relates to recovery. Family Strengthening, Job skills, Academic and Training requirements, Housing, 12 Step philosophies, Medical Needs, Emotional and Behavioral Needs, and other areas are addressed. Referrals are provided as appropriate, and arrangements are made for continued treatment, either more or less intensive, as indicated by continuing assessment of the client's recovery progress.

Therapeutic Living Program The transitional component provides an opportunity for those with relapse potential to participate in "step down" or less intensive treatment, and to work toward a permanent plan for returning to home and/or community. It is similar in theory to a halfway house model.

Family & Individual Counseling AHI has employed a cadre of Masters level professional therapists to provide individual and family therapy.

Interim Care and Stabilization Program The primary purpose of this program is to provide a residential setting for clients who are experiencing, or who are at risk of experiencing, minor withdrawal symptoms and to provide interim care, referral and placement services to clients who are requesting immediate help with current substance abuse problems, or who are entering the Residential Treatment.

Aftercare This service is designed to support clients in community reintegration, to maintain a drug free lifestyle and prevent relapse. Formalized participation in this program normally lasts for up to one year for three or less hours per week and occurs prior to clinical discharge.

Co-occurring Disorder Program This program is an integrated behaviorally based model. It combines two systems of care, the mental health system and the addiction treatment system. This integrated approach allows consumers to participate in the two systems concurrently via a multi-disciplinary treatment team approach. It utilizes cross-trained medical, professional staff to assist clients to achieve goals related to both their mental illness and their addiction.

Alternative Community Training This education-based program has been designed as a precursor to traditional addiction treatment for a specific target population. The principle target population includes the person identified via assessment as a substance abuser as defined in the DSM IV, those that may be in the early stages of dependency that may have had no previous exposure to chemical dependency education and without previous treatment episode, and/or those that have experienced legal ramifications due to use or abuse of a substance.

Adolescent Substance Abuse School-Based Treatment Services Aloha House provides school-based substance abuse treatment services at nine separate schools located in Maui County. This program is to help reduce or prevent the severity and disabling effects related to alcohol and other drug use, abuse and dependency (including tobacco), by assuring an effective, accessible public and private community-based system of prevention strategies and treatment services designed to empower individuals and communities to make health-enhancing life choices.

MENTAL HEALTH SOCIAL SERVICES DIVISION

Intensive Case Management Under contract with the State's Adult Mental Health Division, AHI employees, several case managers who coordinated care and services for adults with severe and persistent mental illness.

Ola Hou Counseling Center AHI has a cadre of contracted licensed mental health professionals including psychiatrists, psychologists and social workers who provide individual/family therapy and psychiatric evaluation/medication monitoring.

Therapeutic Interventions for Children and Family Through contracts with the State Departments of Education, Health and Judiciary, Mental Health Social Services Division staff and subcontractors provide an array of psychiatric, individual and family therapies for children with emotional and behavioral concerns.

Who We Are

Jud R. Cunningham
Chief Executive Officer

Lilah Inaba—Chief Financial Officer

**Mahealani Akau—Director of Human Resources,
Quality Assurance Manager**

**Nita Gage—Clinical Director,
Substance Abuse Programs**

Bob Lanser—Program Director, Co-Occuring Disorders

**Keith Kohley—Program Coordinator,
Intensive Care Stabilization Program
Licensed Crisis Residential Services**

Carol Freitas—Program Director, Title IVB

Christina Anderson—Program Director, School Based

Loren Lapow—Program Director, Maui Hero Project

**David & Heather Wittenberg—Program Directors,
Mental Health & Social Services**

Armon Tavares—Program Director, Drug Court

Mitch Kepa—Program Director, Family Drug Court

Tony Waikiki—Program Director, Outpatient Treatment

Robert Collesano—Admissions Director, Aloha House, Inc.

BOARD OF DIRECTORS

President
Randol Leach

Vice President
Virginia Pierce

Secretary
David Every

Treasurer
Jerry Welch

Directors

Thelma Akita Kealoha

Gladys Cachola Gross

Joel Edelman

Delafield Kribben

Bruce Lepolstat

Tom Leuteneker

Stephen Kealoha

Jim Shefte

Clifford Rosa



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CONTACT US

Admission Director for Aloha House Programs 270-3084
Assessments and Intake 242-9733

Residential & Intensive Outpatient
Programs Maunaolu Campus 579-9584
Outpatient Wailuku Site 242-9733
Interim Care & Stabilization 579-9584
Co-Occurring Disorders 579-9584
Licensed Crisis Residential Program 579-9584

Drug Court 242-8405
Family Court Drug Court 244-0222
Adolescent Services 871-1314
Lanai IOP/School Based
Maui Hero Project 276-0969
Title IV-B 871-1510
Mental Health/Social Services 249-2121