

THERAPEUTIC LIVING PROGRAM Eligibility

A woman is eligible for our services who:

- ❖ Is participating in a substance abuse treatment program or has recently received a clinical discharge
- ❖ Is in the early stages of her recovery process or at risk of relapse
- ❖ Is living in an environment that is challenging to her recovery, or is homeless
- ❖ Is willing to commit to make changes that will improve the quality of her own and her children's lives

Client Expectations

Malama's Therapeutic Living Program provides a recovery-based community. All residents are expected to take an active interest in safeguarding an abstinent and healthy environment. This includes demonstrating behaviors and attitudes consistent with recovery at all times. In practical terms, residents must participate in 12-Step AA or NA support meetings, work cooperatively with staff and other residents and participate in random drug tests.

Services Provided to the Residents

- ❖ Weekly goal planning sessions to support progress in reaching independent living goals.
- ❖ Transportation to and from 12-Step meetings and other group activities.
- ❖ Transportation to and from appointments (i.e. medical, prenatal, welfare, WIC, etc.), case management and advocacy services

MALAMA FAMILY RECOVERY CENTER
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Admission Criteria

Female adults (18+) with or without children who:

- ❖ Have a substance abuse problem
- ❖ Currently participate in a chemical dependency program at the outpatient level
- ❖ Or were clinically discharged within 6 months from a substance abuse treatment program
- ❖ Preference is given to pregnant women

Living Environment

Malama has 2 therapeutic living cottages for women and their children. The purpose of this program is to provide a safe and sober living environment for women in recovery. Twenty-four hour supervision and structured activities reduce the risk of relapse while residents resolve many of the problems their substance abuse has created. All residents are in treatment programs or have recently clinically discharged.

Admission Criteria for Children

Each child will be assessed to determine their appropriateness for admission into the program with their mother.

One child per resident between the ages 0-3 may be admitted to the program dependent on the following:

1. The comfort, safety and well being of current residents.
2. The comfort of the child
3. The history/characteristics of the child
4. Space availability

