

PROGRAMS & SERVICES

DAY TREATMENT

The Day Treatment Program is available through the residential facility, which is appropriate for individuals requiring 24 hour supervised treatment, but who are in need of more intensive services than those provided through intensive outpatient treatment.

INTERIM CARE & STABILIZATION PROGRAM

Interim care and Stabilization Program (ICSP) provides a safe environment for chemically dependant individuals needing social & medical detoxification. Credentialed counseling staff perform intake assessments of all individuals upon arrival. Individuals are medically treated for the symptoms of withdrawal in a safe medically monitored environment with a 24 hour medical staff. Credentialed counselors perform clinical assessments for further treatment protocol when detoxification is complete. Average detoxification can take up to 11 days depending on substances.

LICENSED CARE RESIDENTIAL SERVICES

Aloha House, Inc.
Residential Campus
808-579-9584
WWW.ALOHA-HOUSE.ORG

ADMISSIONS
808-242-9733

Aloha House, Inc.
Administrative Offices
200 Ike Drive
Phone : 808-579-8414
Fax : 808-579-8060

Aloha House, Inc.

**RESIDENTIAL
SUBSTANCE
ABUSE SERVICES**

“helping to create brighter futures.”



**ALOHA
HOUSE**
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ALOHA HOUSE, INC. — SUBSTANCE ABUSE RESIDENTIAL TREATMENT PROGRAM

OUR MISSION

Aloha House, Inc. is a non-profit, Maui-based corporation founded in 1977 by a group of concerned citizens aware of a need for alcohol and drug addiction treatment. Aloha House offers comprehensive services including: Assessments, education, counseling, treatment, aftercare and offers the only Residential Treatment Facility in the County of Maui.

The Mission of the Substance Abuse Adult Residential Treatment Program is to assist persons addicted to drugs and/or alcohol to maintain a healthy and sober lifestyle. Our residential treatment program is designed to assist participants to achieve their maximum potential for independent living and self-sufficiency, healthy lifestyle choices and family integration.

The cadre of counseling staff are experienced mental health professionals, many of whom hold a Master's degree or higher in social work or a related field. Clinical oversight is provided by a licensed psychiatrist.



RESIDENTIAL TREATMENT

The Residential Program has the capacity to serve 42 clients concurrently. The residential component indicated for chemically dependent individuals who need a highly structured environment in which to begin the recovery process. The comprehensive treatment regimen includes: individual, group and family counseling, skill-building, education, relapse issues and assistance in developing a sober support structure. The length of stay in the residential component ranges from two to six weeks. Services provided include the following:

- Screening – face-to-face and telephone
- Intake/Assessment
- Psychiatric evaluation.
- Medication assessment
- Medication management.
- Treatment Planning Conferences.
- Individual, family & group psychotherapy.
- Psycho education/skill building activities
- Referral, discharge and follow-up.
- Social skills groups.
- Symptom management groups.
- Case management.
- Crisis services.
- Advocacy & referral.
- Access to complete continuum of care

Utilization reviews are conducted weekly on each client to assure that the most appropriate level of care is being provided, and to review the utilization of resources (bed days) according to projections and funding. Aloha House Inc. clients are treated at the least restrictive and intrusive level of care appropriate. The following strategies outline our basic program components

Family Treatment – Aloha House Inc. believes that it is critically important to involve family in the treatment process. Accordingly, we highly encourage family participation in both family night and more intensive family counseling. With the addition of the Family First Program, residential clients and their families are now afforded intensive family services free of charge.

Individual & Group Treatment – Both individual and group counseling is afforded to clients in the residential program. The emphasis at Aloha House Inc. is on the group process, with four groups being conducted per day (plus nightly 12-step meetings). It is our belief that the benefit of sharing on a group level in unsurpassed with regard to the vast majority of issues addressed in residential substance abuse treatment.

Recovery Skills – Practical recovery skills and strategies are useful in establishing a plan for abstinence and ongoing recovery. Each day, a group is provided where clients receive information in these areas.