



Aloha House, Inc.

2006-2007 Annual Report





2006-2007 Highlights

- Aloha House, Inc. Celebrates 30 Years Serving the Community of Maui 1977-2007
- Aloha House opens new IOP Outpatient Clinic in Wailuku
- Aloha House Board of Director named as recipient of 2007 Lyons Palaka Award
- Aloha House launches their new interactive website at www.aloha-house.org
- New Promotional video created for Aloha House, narrated by Kris Kristoferson

ALOHA HOUSE, INC. MISSION STATEMENT

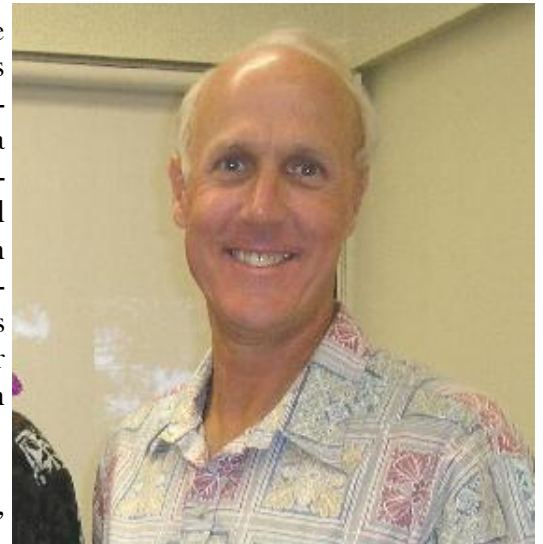
The mission of Aloha House, Inc. is to provide comprehensive, family-centered behavioral health interventions for the prevention and treatment of individual and family dysfunction. The mission of our Mental Health and Social Services/Child and Adolescent Mental Health programs is to help children with emotional and behavioral impairments achieve optimal functioning in their schools, in their homes, and in the community.

The mission of our Substance Abuse Services Division is to assist persons addicted to drugs and/or alcohol to achieve and maintain a healthy and sober lifestyle."

A Message from our Board President

As Aloha House Board President, it gives me great pride and pleasure to see all that Aloha House does for our community of Maui. We all are so lucky to have such a dedicated and professional Board of Directors and staff working together to carry out the mission of Aloha House.

As Board President, it was one of my many goals to see a new website developed for Aloha House to help promote and support the work of the entire agency. Our new website is beautifully executed, providing information about all of our wonderful programs, our dedicated staff, news about upcoming events, donation information, volunteer and job opportunities. It also hosts many pictures of our events including our 30th Anniversary Gala Dinner and Silent Auction as well as a link to our new promotional video produced by Tom Vendetti and narrated by Kris Kristoferson



**Randol Leach, Aloha House, Inc.
Board President**

Visit us at www.aloha-house.org

I have personally seen many individuals along with their families benefit from the many programs and services that Aloha House provides. We have grown, accomplished alot, but we still need to grow even more to offer services to everyone who needs them. We are on the right track and with everyone's help, we will get there. Aloha!

Randol Leach



A YEAR IN REVIEW

2006-2007 Year-in-Review

Aloha House has chalked up another banner year in our quest of "helping to create brighter futures" for the people of Maui in need of behavioral health services. Over 1500 persons were served through our various programs. Some highlights were:

- O Expansion of outpatient substance abuse treatment services and a new location – 250 Waiehu Beach Road, Wailuku – which also includes up to nine clean and sober living slots in the same building. This followed an agreement reached with Hina Mauka, an Oahu-based treatment facility, to assume their outpatient operations on Maui.

- O Renewal and expansion of several contracts with State government, including Community-based Case Management for persons with severe mental illness; Intensive In-Home Services for children and youth with serious emotional and behavioral concerns; Family Court Drug Court and Maui Drug Court Out-patient Services.

- O A new contract with the State Adult Mental Health Division to provide 24/7 Crisis Mobile Outreach, Crisis Support Management, Peer Support Services and Crisis Residential Services for all of Maui County for persons in acute mental health distress. We also opened new offices in the Millyard Plaza to accommodate staff and administrative support for the programs.

- O State Department of Health Licensing for Therapeutic Living Programs.

- O Groundbreaking and beginning of construction for

two new dormitories for behavioral health residential treatment at our Maunaolu site. This was made possible by funding from the Maui County Community Development Block Grant program, a Maui County Council appropriation and a major grant from the Harry & Jeannette Weinberg Foundation.

- O Awarding of the prestigious Mike Lyons Palaka Award to Dr. Jerry Welch, long-time Board member, for his outstanding volunteer efforts over many years on behalf of Aloha

House and our partner agency Malama Family Recovery Center.

- O Improved fundraising efforts, including our most successful ever Patron Drive and a Dinner/Art Auction Event at the Maui Arts and Cultural Center in honor and memory of Dr. Richard Perrie.

- O Renewal of the lease agreement for the residential treatment center site by Maui County government for 20 years until 2026.

- O Approval by the State Health Planning and Development Agency of an Increase in residential capacity from 32 to 56 beds.

- O Expansion of school-based substance abuse treatment to include placement of counselors at Lana'i and Lahaina Intermediate Schools.

- O On behalf of our talented and dedicated staff,



Jud R. Cunningham, Aloha House CEO

Board and volunteers, I would like to express our since appreciation to all the State and local agencies that provide the resources necessary to support our mission as well as the growing number of private donors, foundations and trusts. These include, but are not limited to: Maui United Way, the State Department of Health (Alcohol and Drug Abuse Division, Adult Mental Health Division, Child and Adolescent Mental Health Division), Maui Hotel and Lodging Association, Second Circuit Judiciary, State Department of Human Services, EA Sports, Hawaii Paroling Authority, Hawaii Department of Public Safety, Alexander & Baldwin Foundation, The Harry & Jeannette Weinberg Foundation, to name only a few.

**Jud Cunningham,
Chief Executive Officer**

FY 2006-2007 FINANCIAL STATEMENT

REVENUE AND SUPPORT

- STATE OF HAWAII CONTRACTS
- COUNTY OF MAUI CONTRACTS
- INSURANCE COMPANY REIMBURSEMENTS
- FEDERAL TITLE IVB
- MANAGEMENT INCOME
- COUNTY OF MAUI DONATED FACILITIES
- CLIENT REVENUE FOR SERVICES
- COMMUNITY DEVELOPMENT BLOCK GRANT –HUD
- FEDERAL MAUI HERO PROJECT
- MAUI UNITED WAY
- DONATIONS
- OTHER GRANT INCOME
- INTEREST INCOME
- TOTAL \$6,791,960**

EXPENSES

- PROGRAM SERVICES
- WAGES
- PROFESSIONAL FEES
- LEASE EXPENSES
- TDI/WORKERS COMPENSATION
- PAYROLL TAXES
- HEALTH INSURANCE AND BENEFITS
- SUPPLIES
- BAD DEBT EXPENSE
- REPAIRS & MAINTENANCE
- EQUIPMENT LEASE
- UTILITIES
- OFFICE EXPENSES
- TOTAL \$5,887,936**

Aloha House Programs for Adults, Teens & Families

Substance Abuse Treatment Programs

Intervention and Screening: There is a central number anyone can call to seek help from ALOHA HOUSE. ALOHA HOUSE professional staff can meet with a potential client, and or family member and through skillful interviewing help determine which level of care to recommend. This is done without judgment, fully supporting the client to get the help they need.

It is not uncommon for someone with substance abuse problems to not be completely ready for help. The interview process can often help shift the person's motivation towards wanting a new start that can be offered through the many treatment options at ALOHA HOUSE.

Education: ALOHA HOUSE has classes for people to learn about the mental, physical, emotional, legal and social impact of drugs and alcohol. Often people attend these classes due to driving violations.

Group Treatment: ALOHA HOUSE utilizes groups as the primary treatment format. Groups are a powerful treatment tool for people with substance abuse problems. It is through education, deep understanding of underlying problems and an opportunity to be with others who have experience similar traumas, that people find healing.

For some people, attending groups at our outpatient programs is the best choice. The groups are generally 3 times a week, and there is a choice of day time or evenings. People live at home and can even keep working while in treatment. For other people a real "time-out" from their daily life is needed, and for those people ALOHA HOUSE offers a residential treatment option. There is time in the beginning of treatment to focus entirely on detoxifying from the substances, followed by group and individual counseling. This program is a comprehensive integrated curriculum of education, in depth counseling, family therapy and regular opportunities to connect to nature and cultural activities.

Individual Treatment: Private sessions with a qualified mental health and substance abuse professional are part of both our outpatient program and residential program. Time is needed for more in-depth exploration of feelings, family history, traumatic events, and other issues that, when addressed, enhance recovery.

Family Therapy: Addiction is a family disease in that everyone is affected, in a variety of ways by the family member who is experiencing substance abuse and addiction issues. ALOHA HOUSE recognizes that a primary component of recovery is working with the family to facilitate healing, forgiveness and reconnection.

SERVICES FOR TEENAGERS

GROUP AND INDIVIDUAL COUNSELING ON CAMPUS: ALOHA HOUSE has developed comprehensive and effective programs in all of Maui and Lanai High Schools and Middle Schools for young people dealing with substance abuse problems. ALOHA HOUSE, through funding from the Department of Health, Alcohol and Drug Division, and cooperation with Department of Education, has counselors located at each campus.

Teens are supported by a positive peer culture to become and stay drug and alcohol free. This is a confidential program on campus and students can find a safe haven to seek help without fear of reprisal. The groups occur during the school day and students are welcome and encouraged to seek out the ALOHA HOUSE counselor on campus, before school, during lunch and after school as well as participate in the formal groups.

PREVENTION THROUGH POSITIVE PEER CULTURE: The Maui Hero Project is a program ALOHA HOUSE has embraced which uses adventure, ceremony and a powerful peer culture to offer alternatives to Maui youth who might be at risk to engage in drug and alcohol uses. MHP is an exciting outdoor adventure based program led by energetic and dynamic counselors. The program has been funded by the Hawaiian Community Foundation as well as the Department of Health's Alcohol and Drug Division.

Mental Health & Social Services Programs

Our goal is to help people live healthy, happy lives. When problems of life interfere, we can help. Family, work, relationship, behavior, mood and anxiety problems can all be successfully treated by our therapists. We have been providing a wide variety of mental health services since 1997. Our highly qualified group of licensed professionals help clients in the home, community and our offices. Counseling is often effective in just a few sessions. Long-term, in-depth help is also available.

Children and Adolescents: Children and adolescents can be helped by our experts. School problems, bullying, worry and fears, acting-out, and attention problems can result in kids who are unhappy and unproductive at school. We have a proven track record in helping kids get "back on the right track" at school. ADHD, family concerns, and other problems kids face today can be improved tremendously with the help of our caring therapists. We can also help evaluate and treat developmental delays and autism-related disorders. Even infants and their parents are seen by our therapists.

Psychiatric Services: Our doctors, social workers and counselors provide evaluation and treatment. Psychiatrists with specialty training are available to evaluate and treat as well, including for those who need medications.

Specialty Counseling Programs: Families involved with Child Welfare Services can be helped by our Intensive Family Services program, which assists families who are a part of Family Court/Drug Court. Tremendous turnarounds in families are witnessed every week in our FCDC program.

Adults in the Recovery Process: Adults with severe emotional, behavioral, and mental health problems are supported by intensive case management services, in their homes and community. Help is provided in arranging health care, housing, jobs, food, and learning money management. Independent living skills are emphasized. Our caring and skilled case managers reach out to consumers wherever they may be located, and assist with providing transportation, making and attending important appointments, and in the recovery process. A warm and welcoming approach to all consumers is a keystone of our program.

Payment and Funding: All major insurances are accepted. Aloha House, Inc.'s Mental Health and Social Services Division is also proudly funded by the State of Hawaii Department of Health, Divisions of Adult Mental Health, Child and Adolescent Mental Health, and Early Intervention Section, the Department of Education, and Judiciary.

FREE CRISIS SERVICES FREE 24-hour-a-day, 7-day-a-week, round-the-clock help is also available. All residents of Maui County can reach out to the Department of Health's ACCESS Line. Please call for help if someone is in a mental health crisis. The toll-free number is 1-800-753-6879. Trained professionals will come to you to help.

Please call 911 if immediate life or health are in danger.

New Crisis Mobile Outreach (CMO) Program

Crisis Mobile Outreach (CMO) is available to all residents of Maui County. Adults who may be a danger to themselves or others, are experiencing an acute mental health problem, or feel they are in need for any reason, may call the Access Line. This is a toll-free number, at **1-800-753-6879**, where the Department of Health's dispatch center will determine if an outreach call is needed.

Our team of highly experienced professionals responds to all calls within 45 minutes. Our CMO worker sensitively works with the person in crisis to provide support, information, and assist the individual to any needed services, such as the Aloha House Inc. Licensed Crisis Residential Service, or the Maui Memorial Medical Center for evaluation. Our workers can also assist those in crisis to access case management services, which can further help to de-escalate the crisis.

Our Crisis workers collaborate with other emergency service responders including the Police and Fire Departments to assist them in their duties, and to provide training and education regarding the best ways to help our residents in need.

Aloha House Staff & Board of Directors

Outpatient Services Clinic

Antoinette Waikiki, BS, CSAC – Program Director - toni@alohahousemail.com
Keith Kohley – Admission Coordinator - keith@alohahousemail.com

Residential Program – Upcountry Maui, Hawaii

Nita Gage, MA – Clinical Director - nita@alohahousemail.com
Ursula Platte, MA, MFT – Clinical Supervisor - Ursula@alohahousemail.com
Junior Delos Santos – Facility Coordinator - junior@alohahousemail.com
Nicodemus Baca, CSAC—TLP Program Director—nic@alohahousemail.com
Lisa Kerzicnik – Kitchen Manager/Registered Dietician - lisa@alohahousemail.com

Drug Court Services – Wailuku, Maui, Hawaii

Armon Tavares – Program Director - armon@alohahousemail.com

School Based Treatment Program – Maui, Hawaii

Larry Ruiz, MA, CSAC – Program Director - larry@alohahousemail.com

Title IV B Program

Carol Freitas, LCSW – Program Director - carol@alohahousemail.com

Mental Health & Social Services

Ola Hou Clinic

Heather Wittenberg, PsyD – Program Director - Hwittenberg457@aol.com
David Wittenberg, PsyD – Clinical Director - hw&dw@aol.com
Bob Lanser, LCSW – Clinical Manager - bobl@aloha-house.org

Community Based Case Management - Wailuku, Maui, Hawaii

Dr. Vince Nubla, PsyD—Program Manager
Marlene Nagata – Program Specialist - marlene@alohahousemail.com

Aloha House Administration

Jud R. Cunningham, LSW

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Mahealani Akau – Director of Human Resources
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Anna Thomas – Human Resources Assistant - HR@alohahousemail.com
Jamee Howell – Executive Assistant - jamee@alohahousemail.com

ALOHA HOUSE, INC. BOARD OF DIRECTORS

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Randol Leach, *President*
Virginia Pierce, *Vice President*
Jim Shefte, *Treasurer*
David Every, *Secretary*

DIRECTORS

Thelma Akita-Kealoha
Gladys Cachola-Gross
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Tommye Jones
Bruce Lepolstat
Tom Leuteneker
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